



**Assumption
University**

SCHOOL OF
GRADUATE STUDIES

**Resiliency in the Helping Professions Program
Fall 2026 Semester
Monday, August 31, 2026 – Monday, December 14, 2026
Both courses are online via ZOOM meetings**

Courses Offered	Meeting Time	Instructor	Course Delivery
RES 800 The Theoretical Foundations of Resiliency Building Interventions	Sundays, 9am – 12pm 9/27/26 10/25/26 11/22/26 12/13/26	Jennifer Baublitz	Online synchronous zoom class sessions
RES 840 Building Resilience After Traumatic Experiences	Saturdays, 9am - 12pm 9/26/26 10/24/26 11/21/26 12/12/26	Lea Christo	Online synchronous zoom class sessions