

RCP/L 501: Substance Use and Addictive Disorders in Rehabilitation

The purpose of this course is to familiarize students with the history, types, and problems associated with drug and alcohol abuse and various forms of addiction. Specific topics will include alcohol abuse and addiction, prescription and illegal drug use, and other forms of addictive behavior including compulsive gambling and eating disorders. Programs such as AA, NA, Al-Anon, Over Eaters Anonymous will be explored, along with other treatment and rehabilitation approaches. Special Emphasis will be on the impact of these disorders on the individual, family, community and society at large. Effective counseling strategies and evidence-based practices will also be covered in this course. 3 credits

RCP/L 502: Rehabilitation Research and Program Evaluation

The course provides an introduction to the scientific method with an emphasis on understanding empirical research in Human Services, Rehabilitation and Disability Studies. Students will examine the importance of research activities on improvement of rehabilitation services, and learn how to develop and implement meaningful program evaluation. Students will become familiar with many peer-reviewed journals and literature search strategies and many of the most commonly used research test designs and statistical analyses. 3 credits

RCP/L 503: Foundations of the Rehabilitation Counseling Profession

This course is an introduction to the field of rehabilitation, independent living and the role of the rehabilitation counselor. It provides an overview of the historical, legislative and philosophical forces that shaped the field of rehabilitation. Special emphasis will be on the civil rights movement for individuals with disabilities, the ADA, the Rehabilitation Act, and evolving disability policy in the U.S. Historical and present day societal attitudes and values toward individuals with disabilities will also be examined. 3 credits

RCP/L 505: Introduction to Assessment and Appraisal of Individuals with Disabilities

This course provides an introduction to a wide range of assessment instruments and tools used by rehabilitation counselors, psychologists, vocational evaluators and others in the assessment and evaluation in individuals, including those with disabilities. Students will gain an understanding of the purpose and administration of various types of tests and other instruments and how results can be used to facilitate the rehabilitation process. Concerns about cultural bias and reasonable accommodation in testing will be addressed, along with strategies for interpreting and reviewing testing results with clients. Students will have an opportunity to experience several assessment instruments commonly used in rehabilitation counseling. Prerequisite: a course in Test and Measurements, or its equivalent, and/or consent of instructor; 3 credits

RCP/L 510: Introduction to Medical Rehabilitation

This course includes a brief review of the human anatomy and physiology, and a review of the major medical/physical disabilities and chronic illnesses that result in significant disabling conditions and impairments. It provides students with an understanding of the various medical specialties, medical terminology and skills in effectively utilizing medical consultation in the rehabilitation workplace. Students will have an opportunity to learn about the social, educational and vocational implications of chronic illness and physical disability. The health care system, disability benefits and resources will also be addressed in this course. Prerequisite: Anatomy and Physiology is recommended but not required; 3 credits

RCP/L 512: Occupational Analysis, Career Development Theory and Job Placement Strategies

This course provides a comprehensive overview of the world of work for rehabilitation counselors. Students become familiar with various forms of occupational data, information, and resources and their utilization in rehabilitation. Topics covered will include job classification systems, such as O*NET and the DOT, job analysis, and labor market surveys. Students will also become familiar with the major career development theories and their relevance to the vocational rehabilitation process. A variety of job placement support services and strategies will also be addressed, along with major federal and state legislation related to the employment of individuals with disabilities. 3 credits

RCP/L 513: Vocational Evaluation and Career Planning

This course focuses on the vocational evaluation of individuals with disabilities, and the development of counselor skills to assist clients to develop a realistic and attainable vocational goal. Students become knowledgeable about a variety of vocational evaluation and assessment tools, and the essential elements of a vocational evaluation report. Special topics include job analysis, transferrable skills analysis, reasonable accommodation and assistive technology. Prerequisite: RCP 505; 3 credits.

RCP/L 514: Private Sector and Forensic Rehabilitation

This course provides students with a basic knowledge and understanding of rehabilitation, and the role of the rehabilitation specialist in the private-for-profit sector. The focus is on injured-worker rehabilitation, and the vocational rehabilitation and case management services provided under worker's compensation, and long-term disability insurance coverage. The course covers disability management systems, including risk management strategies, forensic rehabilitation, and the relevant federal and state laws. Additional topics will include issues related to Managed Care and Life Care Planning. Prerequisite: RCP 512; 3 credits

RCP/L 520: Principles of Psychiatric Rehabilitation

The course introduces students to the major categories of Psychiatric Disability, including their etiology, symptoms, prognosis, treatment and recovery. A major focus of the course is on the core principles and evidence-based practices of Psychiatric Rehabilitation. Content areas covered include implications of psychiatric disability throughout the life span, psychiatric disability within the family, and the rehabilitation counselor's role as facilitators in the recovery process. 3 credits

RCP 525 Human Growth, Development and Disability Across the Life Span

This course utilizes a life span framework to describe and explain the physical, social, emotional and cognitive changes that occur across the life span. The course focuses on the major determinants associated with adjustment to disability during different developmental stages. The impact of disability on personality development, sexual functioning, families, social functioning and active participation in the community will be explored. The course will also provide an historical and cultural perspective of how disability has been perceived through the ages, by the media and society, in general. Students will have an opportunity to examine their own experiences, attitudes, values, and beliefs toward disability as they relate to disability in their lives. 3 credits

RCP/L 530: Introduction to Counseling Theory, Practice, and the Profession

This course examines the fundamental principles and techniques of the major counseling theories, including Person-centered, Cognitive-Behavioral, Gestalt, Reality, Psychoanalytic, and Behavior and their applicability to the role of the rehabilitation counselor. Students will have an opportunity to develop and practice fundamental counseling skills. Students will also examine common ethical issues that arise in the counseling relationship and the nature and importance of supervision in counseling. 3 credits

RCP/L 540: Case Management and Rehabilitation Plan Development

This course will examine the concept of case management as a critical component of the role of the rehabilitation counselor. There will also be an emphasis on the importance of community outreach and the rehabilitation counselor's role in developing and maintaining effective working relationships with community agencies. This course will review the major stages of the rehabilitation process, and examine the case and caseload management issues and challenges associated with each stage. Topic areas will include: Referral and Intake; Client Evaluation and Assessment; Rehabilitation Plan Development, Job Placement Planning; and Termination/Case Closure and Follow-up Issues. Other topics covered will include scheduling and time management, caseload analysis and goal setting, case recording and documentation, and ethical case management decision-making. 3 credits

RCP/L 550: Principles of Family and Group Process

This course focuses on the nature of groups in human services and rehabilitation and provides students with an understanding of group process and group dynamics, and the fundamental skills in group facilitation and group leadership. Family systems and family processes will also be examined. The course includes an experiential component in which students experience what it is like to be a member of a group. Prerequisite: Permission of instructor; 3 credits

RCP/L 599: Practicum Experience and Counseling/Ethics Seminar

The purpose of the clinical practicum is to provide a supervised practical experience in rehabilitation counseling in which students develop and practice counseling skills with actual consumers in an approved agency setting. The practicum requires a total of 100 hours over the course of one semester, 40 hours of which is in direct contact with individuals with disabilities. Students receive ongoing supervision by an approved on-site supervisor, and a faculty supervisor who conducts a weekly supervision seminar. Students will also examine common ethical and legal issues that present significant challenges in the field of rehabilitation counseling. Prerequisite: Permission of Clinical Coordinator; 3 credits

RCP/L 619: The Effective Use of Technology in Rehabilitation Counseling Practice

This course promotes awareness and understanding of the numerous forms of technology that impact the provision of services to a range of individuals with disabilities. The course also addresses the efficient and effective incorporation of these technologies into the rehabilitation process. Special emphasis is placed on various forms of assistive technologies that enable individuals with disabilities to achieve independent living goals and successful employment outcomes. 3 credits

RCP 630/L: Advanced Counseling Practice

This course provides a deeper understanding of the counseling theories and evidence-based practices that have particular relevance in rehabilitation counseling and serving individuals with disabilities. Special emphasis will be on developing knowledge and skills in the areas of positive psychology and motivational interviewing. Prerequisites: RCP 530, RCP 550; 3 credits

RCP/L 631: Cultural Responsiveness in Counseling

This course promotes knowledge and understanding of the role of culture in counseling. Cultural influences will be considered as representing a wide range of diversity issues including ethnicity, race, religion, age, gender, geography and sexuality. Students will examine their personal experiences, biases, attitudes, values and beliefs about groups representing diversity. Focus is placed on the development of cultural competencies to ensure effective counseling services to all clients with compassion and sensitivity while valuing cultural backgrounds. 3 credits

RCP 640: Directed Study

Individually supervised study and projects with advisor when appropriate. Prerequisite: Permission of instructor; 3 credits

RCP/L 698/699: Internship and Internship Seminar I & II

The purpose of this course is to provide supervised practical experience in rehabilitation counseling and related rehabilitation services. The internship in Rehabilitation Counseling will require 600 clock hours over the course of two academic semesters. This course involves two types of clinical supervision: 1) supervised experience in an approved setting that provides services to individuals with disabilities; and 2) faculty supervision via individual and group consultation. The internship requires students to observe and participate in all aspects of the delivery of rehabilitation counseling services. The internship is an opportunity to further develop and refine skills required for effective practice in rehabilitation counseling. Prerequisite: Permission of the Clinical Coordinator; 6 credits total / 3 credits per course

RCPL 601: Advances in Addiction Treatment

This advanced course provides students with an opportunity to enhance their understanding of theoretical models of addiction and recovery, best practices in the provision of substance abuse treatment, current controversies in the field related to service delivery methodologies, and current and emerging treatment modalities. Students will gain an understanding of the recovery-oriented system of care and how prevention, early intervention, and treatment are situated within this continuum. Students will apply ethical and decision-making models, screen and assess client presentations, and make appropriate treatment recommendations using evidence-based strategies. Topics will include etiology, neurobiology and pharmacology of addiction, evidenced-based treatment interventions, cultural and ethical considerations, behavioral interventions, group and family treatment, pharmacological interventions, and emerging treatments. Prerequisites: RCP/L 501; permission of the Program Director.

TRS 700: Foundations of Working with Transition-Aged Youth

This course provides an understanding of the historical and legislative foundations of the transition movement. State and Federal transition-related legislation is covered including Social Security benefits, workforce laws and regulations and accommodations for individuals with disabilities. Inclusive models are covered along with evidence-based, community-based education and other post-school options. Transition planning and service delivery is addressed for students with Individualized Education Plans. Self-determination for individuals with disabilities is emphasized along with a strength-based approach to transition planning and services. This course emphasizes culturally competent services provision for ethnically, culturally, and linguistically diverse youth with disabilities. 3 credits.

SOP 700: Basic Training: Foundations of Working with Service Members, Veterans and Families (SMVF)

This course covers the foundational information required of culturally responsive professionals to work effectively with Service Members, Veterans and their Families (SMVF). The course provides students with an understanding of military culture that includes the important military lexicon, branches, structure, rank system and rituals. The course employs a developmental framework when considering military family life that may include multiple deployments. The effects of war on service members and their families is examined and the important transition back to civilian life is covered. An overview of service-related injuries is included in this course including deployment-related trauma. The course introduces a number of SMVF content areas such as LGBT military members, sexual assault, suicide and suicide prevention, substance abuse and prevention, homelessness and family secondary trauma. A military immersion experience is a requirement of this course.

SOP 710: Disability & Treatment: Polytrauma

This course covers injuries associated with “Polytrauma” including extensive information related to the three hallmarks of polytrauma: brain injury, post-traumatic stress disorder (PTSD), and chronic pain. The course covers information regarding the prevalence, symptoms, and characteristics associated with polytrauma injuries with an emphasis on treatment modalities and skill development to guide treatment planning to mitigate disabilities related to polytrauma.

SCP 640 Developmental Psychopathology

A rapid growth in research in child development and clinical child psychology has led to the expanding field of developmental psychopathology. Developmental psychopathology combines research in child development and clinical child and adolescent psychology to better understand the conceptual frameworks, characteristics, developmental course, context and outcomes of psychopathology in children and adolescence. An ecological approach is emphasized in the development of child and adolescent psychopathology and the influence of contexts in the development of psychopathology and the effect on schools and families. Risk and protective factors as well as assessment and treatment of child and adolescent disorders is presented using current research to emphasize the role of developmental processes, contexts and the interactive nature of development that influences adaptive and maladaptive functioning. 3 credits, Prerequisites: SCP 545

RES 810: Mindfulness-Based Interventions

This course introduces helping professionals to empirically based mindfulness interventions that bring about positive outcomes for practitioners and their clients. These positive outcomes are demonstrated in behavioral, cognitive and relational domains. The course focuses on mindful orientation, its history and place in helping and counseling models. A variety of formal and informal practices developed through neuroscience research is covered. A major focus of this course is to enhance and increase the skill base of helping professionals working with clients challenged by relationship struggles, trauma, substance use disorders, depression, alienation, anxiety, chronic illness, and other life challenges. Additionally, the acquisition of mindfulness-based intervention strategies increases emotional regulation, impulse control, empathy and social supports for helping professionals advancing prevention and wellness initiatives. 3 credits

RES 820: The Practice of Self Compassion in Resiliency

This course covers the psychoeducational self-compassion program that originated from the longstanding traditions of mindfulness and compassion. The three core components of mindfulness-based self-compassion (self-kindness, common humanity and mindfulness) are covered and practiced. The course will cover the research conducted in self-compassion and the empirical evidence supporting the efficacy of self-compassion in the prevention of depression and anxiety symptoms. Developing skills in the practice of self-compassion can assist clients and the helping professional in dealing with stress and promoting wellness. This course is designed for counselors, educators and professionals in health and human services. Prior meditation practice is not required. 3 credits

RES 850: Resonant Leadership and Supervision

This course focuses on the development of emotionally intelligent, effective leadership skills for professionals in the helping fields. The course highlights the theoretical underpinnings of emotional intelligence and integrates these principles into the leadership role. The course will cover the practical application of self-awareness assessments and exercises to enhance leadership capacities and to foster the development of leadership ability. Skilled helping professionals often find themselves in leadership and supervisory roles with limited experience and training. This course will build upon the professionals' core set of helping skills with strategies that produce a self-aware, composed, focused, energized, empathic, motivated and collaborative leadership style. 3 credits

HAP 505 Delivering Health Care

This course will take a systemic approach to health care delivery in the United States. An overview of health care delivery along with chronicling the evolution of health care delivery in the United States will be covered. The course will provide students with an understanding of the law, the legal system, and the policy-making process as it relates to healthcare. Individual and patient rights in healthcare and public health initiatives will be addressed in addition to public health institutions and systems. Critical policy issues and issues related to specific patient populations such as long-term care, medical technology, government health insurance programs, and health service financing will be addressed in this course. The course will culminate with a critical look at the future of health care and health-care delivery systems.

HAP 600 Management & Supervision Health Care

This course will provide an overview of basic management functions and the leadership skills necessary for effective healthcare supervision. Topics covered will span the vast knowledge and skill areas associated with effective healthcare business management and leadership. Management functions such as position descriptions, personnel recruitment, training and orientation, safety and workplace violence, motivation, reward and recognition, and conflict resolution will be covered. Cultural diversity within the workplace will be addressed. Practical management functions such as time management, decision making, effective meetings, delegation and coping with stress and burnout will be covered. The course is a practical and skill-based approach to management within healthcare organizations.

HAP 630: An Interdisciplinary Approach to Health Policy Analysis

This course will provide an in-depth analysis of healthcare policy. Healthcare policy will be framed from multiple perspectives, specifically economics, political science, management, technology, communications and public health. The policy analysis process will be delineated to provide a framework for critically analyzing and assessing past and current healthcare policy.

The policy analysis process will be used to consider health technology assessment, evidence-based medicine, political feasibility, economic feasibility and values. Analysis of past and current healthcare policy will occur along with identifying alternatives for future policy. The course will examine the role and function that healthcare providers and leaders can bring to the policy-making process.

Additional elective courses in SCP, RES, TRS, SOP, and other graduate programs may also be available upon further discussion and review with the appropriate Program Directors.

<u>CAMPUS/BLENDED Course Offerings</u>		
Fall	Spring	Summer
RCPL 503 RCPL 510 RCP 525 (hybrid) RCP 530 (hybrid)	RCPL 505 RCPL 512 RCP 501 (hybrid) RCP 599	RCPL 520 RCPL 502 (requires residency week) RCP 631 (hybrid) Elective
Fall (2nd year)	Spring (2nd year)	
RCPL 513 RCPL 514 RCP 550 (hybrid) RCP 698	RCPL 540 RCPL 619 RCP 630 RCP 699	
<u>ONLINE Course Offerings</u>		
Fall	Spring	Summer
RCPL 503 RCPL 510	RCPL 505 RCPL 512	RCPL 502 RCPL 530 RCPL 550
Fall (2nd year)	Spring (2nd year)	Summer (2nd year)
RCPL 501 RCPL 514	RCPL 520 RCPL 525	RCPL 599 RCPL 630 Elective
Fall (3rd year)	Spring (3rd year)	
RCPL 513 RCPL 631 RCPL 698	RCPL 540 RCPL 619 RCPL 699	

*NOTE: **RCPL** designates the course as online and asynchronous; **RCP** designates the course as on-campus with some (if not all) synchronous components; **Hybrid** means the course will have some synchronous and some asynchronous components; **ALL RCPL** classes offered in the summer will require students to attend the residency week (begins the 3rd Monday in June)*