

Resiliency in the Helping Professions Program Fall 2025 Semester Monday, August 25, 2025 – Monday, December 8, 2025 Both courses are online via ZOOM meetings

Courses Offered	Meeting Time	Instructor	Course Delivery
RES 800 The Theoretical Foundations of Resiliency Building Interventions	Sundays, 9am – 12pm 9/14/25 10/19/25 11/23/25 12/7/245	Jennifer Baublitz	Online synchronous zoom class sessions
RES 840 Building Resilience After Traumatic Experiences	Saturdays, 9am - 12pm 9/13/25 10/18/25 11/22/25 12/6/25	Lea Christo	Online synchronous zoom class sessions