

**JOHANNA D. SAGARIN, Ph.D.**  
Curriculum Vitae

Assumption University  
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**Education**

**1991-1998:** Clark University, Worcester, MA  
(APA accredited program in clinical psychology)  
M.A. in Clinical Psychology – August, 1993  
Ph.D. in Clinical Psychology – March, 1998

**1987-1991:** Cornell University, Ithaca, NY  
B.S. degree – 1991  
Major: Human Development and Family Studies

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**Teaching Experience**

**Fall 2024 to present:** Assistant professor of practice, Assumption University  
Internship coordinator  
Teaching graduate courses

- Ethical principles for counselors
- Practicum
- Internship I
- Internship II

**Spring 2023 to fall 2024:** Internship coordinator, Assumption University

**Fall 2010 to fall 2024:** Adjunct faculty, Assumption College  
Teaching undergraduate psychology courses

- General psychology
- Abnormal psychology

**Fall 2010 to fall 2021:** Adjunct faculty, Clark University  
Teaching graduate practicum on psychological testing

**Fall 1995 to spring 1996:** Lecturer, Assumption College

Taught undergraduate Statistics and Cognitive Psychology

**Fall 1991 to spring 1995:** Teaching Assistant, Clark University

- Psychology 302, Graduate statistics (six semesters)
- Psychology 172, Abnormal Development
- Psychology 101, Introduction to Psychology

Created and corrected weekly homework assignments, held weekly discussion sections, helped design and correct exams, and assisted students in writing.

**Spring 1989 and 1991:** Teaching Assistant, Cornell University

- Human Service Studies 315, Human Sexuality
- Human Development and Family Studies (HDFS) 280, Socialization, Social Control, and Deviance
- HDFS 150, Families in a modern society

Assisted students in writing papers, planned and held weekly discussion sections, attended weekly TA in-service trainings/meetings, assisted with administrative aspects of the course, assisted in creating and grading exams, and held weekly office hours.

### **Clinical Experience**

**February 2021 to present:** Private practitioner

**July 2021 to December, 2021:** Psychologist, Seven Hills Child and Family Behavioral Health

**October 2018-June 2021:** Assistant Vice President, Children's Friend, Inc., an affiliate of Seven Hills Foundation.

- Continued duties as Director of Ellsworth Center
- Participate in Risk Committee
- Participate in Research Committee
- Collaborate with staff from other Seven Hills affiliate programs

**November 2004-present:** Program Director, The Carriage House, grief support center for children and teens. A program of Children's Friend, Inc.

- Co-developed and ran grief support program
- Trained volunteer facilitators

**June 2002-June 2021:** Clinical Director, Ellsworth Child and Family Counseling Center. A program of Children's Friend, Inc.

- Directed licensed outpatient child and family mental health clinic. Duties included, but were not limited to, hiring staff, supervising clinical and

business office staff, budgeting, grant writing, participating in board meetings.

- Supervised staff, practicum students, and interns
- Helped develop Gender Wellness Initiative program
- As a working director, saw outpatient clients
- Participated in community coalitions (for example, Domestic Violence Roundtable, Mayor's Mental Health Task Force)
- Trained in and utilized DBT, TF-CBT, and ARC

**September 1998-June 2002:** Senior Psychologist at Children's Friend, Worcester, MA

- Provided child and family counseling
- Provided psychological testing
- Supervised psychology trainees
- Served on agency committees.

**August 1999-June 2001:** Instructor in Psychology at Harvard University Medical School and Staff at Children's Hospital in the Optimal Weight for Life program.

- Provided outpatient treatment of overweight children and adolescents and supervision of a post-doctoral fellow.

**September 1997-August 1999:** Fellow at Children's Hospital, Boston, MA

- Participated in multidisciplinary assessment teams, inpatient psychological testing, consultation/liaison to medical units, and provided psychotherapy with children and young adults with renal disease
- Supervised psychological testing on the psychiatric inpatient unit.

**September 1996-August 1997:** Intern at Franciscan Children's Hospital and Rehabilitation Center.

- Provided psychotherapy to children engaged in medical rehabilitation, neuropsychological testing, general psychological testing in the context of a multidisciplinary team, feeding team evaluations, and outpatient therapy with children, parents, and families.

**September 1995-August 1996:** Fee-for-service clinician at Worcester Children's Friend Society.

- Provided outpatient psychotherapy for children and families and performed attention deficit/hyperactivity evaluations.

**September 1994-June 1995:** Half-time internship, Westborough State Hospital.

- Provided individual therapy, co-led psychotherapy group, performed psychological testing and mental status exams with inpatient adults.
- Participated in 2 hour/week Rorschach seminar (Exner system) throughout the year.

- Participated in team meetings, community meetings, and intern seminars.

### **PRE-GRADUATE EXPERIENCE**

**Summers 1989 and 1990:** Served as paraprofessional in public school autistic program, Bronx, NY

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### **Research Experience**

**Summer 1995-March 1998:** Dissertation, Clark University

“Toward a new model of autism: Exploring the sensory experiences of those diagnosed with autism or pervasive developmental disorder”.

**Spring 1995-August 1996:** Assisted in project examining developmental, cross-cultural, and gender differences in conceptions of illness.

Principal Investigators: Roger Bibace, Ph.D. and Nadia Minian, Clark University

**Fall 1992–summer 1993:** Master’s Thesis, Clark University

“Maintaining social interactions: Rethinking the behavior of autistic children”.

**Fall 1992-spring 1993:** Supervised undergraduate research program, Developmental Conceptions of Illness

Trained undergraduates in interviewing, administering, and scoring of the Bibace and Walsh Conceptions of Illness Protocol and supervised data analysis.

Principal Investigator: Roger Bibace, Ph.D., Clark University

**Fall 1991-spring 1992:** Carried out pilot project concerning factors that influence justice decisions regarding AIDS.

Interviewed adults using the Bibace and Walsh Conceptions of Illness Protocol, a modified version of Kohlberg’s “Heinz’ Dilemma” with follow-up questions, and the Bem Sex-Role Inventory. Performed all phases of the research process.

**Spring 1988-fall 1990:** Research project comparing the behavior of autistic adolescents in classrooms to their behavior in a work setting

Created a coding scheme of inappropriate behaviors and performed behavioral observations of autistic teenagers and young adults in two settings.

**Spring 1988-spring 1990:** Research Assistant studying lesbian parenting, Cornell University

Helped create coding system and code data, transcribed interviews.

Principal Investigator: Karen Escovitz

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**Publications**

- Bronfman, E. & Sagarin, J. D. (2025). *Working with parents in child psychotherapy*. Guilford Press.
- Sagarin, J. D. & Bronfman, E. (2024). Rules and expectations in G. Koocher, A. LaGreca, N. Lopez Reilly, & O. Moorehead-Slaughter (Eds.), *The parents' guide to psychological first aid: Helping children and adolescents cope with predictable life crises*. Oxford University Press.
- Dillon, J. J., Sagarin, J. D., & Bibace, R. (2008) Change in reasoning about the body through psychological distancing activities. Journal of Applied Developmental Psychology, 29(4), 254-258.
- Bibace, R., Sagarin, J.D., & Dyl, J. (1998) The heuristic value of Werner's concept of development. Journal of Applied Developmental Psychology, 19(1), 153-163.
- Bibace, R., Dillon, J., & Sagarin, J.D. (1999). Toward a co-existence concept of causal reasoning about illness in children and adults. In R. Bibace, J. Dillon, & B. Dowds (eds.) *Partnerships in research, clinical, and educational settings*. Greenwich: Ablex Press.
- DiBiasio, B., Driehaus, E., & Sagarin, J.D. (1996), Crossing boundaries, sharing themes: Integrating courses across the curriculum. 16<sup>th</sup> Annual Lilly Conference on College Teaching. November 21-24, 1996.

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**Presentations**

- Sagarin, J.D. & Bronfman, E. (November 2, 2024). Managing Parent Stress to Support the Whole Family. Keynote presented at the Boston Children's Hospital Cardiac Neurodevelopmental Family Symposium.
- Sagarin, J.D. (October, 2019). Clinical and Programmatic Ways to Improve Care for LGBTQIA+ Clients and Employees. Presented at the annual meeting of the Provider's Council, Boston, MA.
- Sagarin, J.D. (August, 1999). An alternative model: Exploring sensory responses of children with PDD. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Sagarin, J.D., Minian, N., & Bibace, R. (March, 1996). Gender differences in conceptions of illness among Mexican college students: A content analysis. Poster presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.

Sagarin, J.D. (April 24, 1995). Autism and Pervasive Developmental Disorder: Signs, symptoms, communication, and socialization. Presentation to Worcester Department of Special Education, Speech and Language Pathologists, Worcester, MA.

Bibace, R., Sagarin, J.D., & Dyl, J. (March, 1995) The heuristic value of Werner's concept of development, Poster presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

Have presented a variety of other workshops including

- Understanding autism, PDD and Asperger's disorder
- Psychological testing
- Childhood psychosis
- Working with GLBTQ youth
- Children's grief

#### **Honors and Professional Affiliations**

2006 Worcester Business Journal 40 Under 40 Award

2003 Children's Friend President's Award

University Fellow, Clark University, 1992-1997

University Scholar, Clark University, 1991-19927

American Psychological Association

Massachusetts Psychological Association