



**Assumption
University**

SCHOOL OF
GRADUATE STUDIES

**Resiliency in the Helping Professions Program
Summer II 2024 Semester
Monday, July 8, 2024 – Friday, August 16, 2024
All courses are online**

Courses Offered	Meeting Time	Instructor	Course Delivery
RES 820.01 The Practice of Self-Compassion in Resiliency	Monday, Tuesday, Wednesday, Thursday, July 15 – July 18 9am – 3pm	M. Mariani & L. Christo	Hybrid; With 4-day synchronous intensive week
RES 830.01 Positive Psychology: A Strengths Based Approach to Resiliency	July 8 – Aug 16	K. Lahikainen	Asynchronous
RES 860.01 Teaching Adolescent Students Mindful Self-Compassion	Monday, Tuesday, Wednesday, Thursday, Friday Aug 5 – Aug 9 9am – 4pm	K. Bluth	Hybrid; With 5-day synchronous intensive week