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Education

Ph.D. Developmental Psychology, 1997, Louisiana State University (LSU), Baton Rouge, LA.

M.A. Child Development, 1993, Tufts University, Medford, MA.

B.A. Early Childhood Education, 1990, Aristotle University, Thessaloniki, Greece.

Positions

• Associate Professor, Psychology Department, Assumption College.	2011-present
• Interim Chair, Psychology Department, Assumption College.	2017-2018
• Chair, Psychology Department, Assumption College.	2006-2007
• Assistant Professor, Psychology Department, Assumption College.	1998-2010
• Instructor, Psychology Department, LSU, Baton Rouge, LA.	1996- 1998
• Teaching Assistant, Psychology Department, LSU, Baton Rouge, LA.	1993-1996

Teaching Experience

- Courses taught: General Psychology, Psychology of Development: Infancy and Childhood (online and face-to-face), Common Problems in Childhood, Research Seminar, Developmental Psychology (graduate course), Raising Happy and Successful Children.
- Honors theses (Assumption College):
 - o doCurral, A. (2016). Postpartum Depression and Infant Development.
 - o Bates, C. (2015). Adverse Childhood Experiences and College Adjustment.
 - o DiGiammarino, R. (2011). Sensory Processing and Attachment Relate to Eating Behaviors in Infancy.
 - Nardelli, J. (2011). Father's Responsiveness in Relation to Child's Temperament and Fathers' Relationship to Their Parents.
 - o Gilson, G. (2010). Childhood Attachment to Comfort Objects in Relation to Sensory Reactivity.

College Committees

Faculty Evaluation Committee, Academic Assessment Committee (chair, member), Retention
 Committee (member), Assessment of Core Curriculum, Institutional Review Board (chair),
 Representative Faculty Senate, NECHE committee on Standard 4, Admissions, Honors Program
 Council, Innovation Team on Online Learning, Faculty Search Committees, General Education
 Committee, Student Travel Awards Committee, Merit Awards Committee, Continuing Education
 Committee.

Research Interests

- Development of behavior and emotion regulation in preschool and infancy; the development of language, imitation, and attachment in infancy; parenting and early infant interactions.
- Understanding the relationship between sensory processing and aspects of infant and child development.
- Understanding smartphone addiction and its relationship to the well-being of young adults and adolescents.
- Investigating the long-term effects of adversity on the physical and mental health of young adults.

Publications

- Volungis, A., Kalpidou, M., Popores C., & Joyce, M. (under review, 2018). Smartphone Addiction and Its Relationship with Social-Emotional Distress and Personality. *International Journal of Mental Health and Addiction*.
- Bui, P. P., Kalpidou, M., DeVito, L. E., & Greene, T. (2016). The Effects of Induced Empathy on Disparaging Humor. *Psi Chi Journal of Psychological Research*, 21, 119-126. doi: 10.1037/t01601-000
- Gleason, T., & Kalpidou, M. (2014) Imaginary Companions and Preschoolers' Coping and Competence. *Social Development*, 23(4), 820-839. doi: 10.1111/sode.12078
- Kalpidou, M., DiGiammarino, R. (2012). Sensory Processing and Parental Bonding Predict Infant Attachment. *Proceedings of the XV European Conference on Developmental Psychology*, Bergen, Norway, 37-41. Medimond International Proceedings.
- Kalpidou, M. (2011). Sensory Processing Relates to Attachment to Childhood Comfort Objects of Undergraduate Students. Early Child Development and Care, 182 (12), 1563-1574. doi:10.1080/03004430.2011.630733
- Kalpidou, M., Costin, D., & Morris, J. (2011). The Relationship of Facebook and Well-Being of Undergraduate College Students. Cyberpsychology, Behavior, and Social Networking, 14(4), 183-189. doi: 10.1089/cyber.2010.0061.
- Kalpidou, M., Power, T. G., Cherry, K. E., & Gottfried, N. (2004). Regulation of emotion and behavior among 3- and 5-year-olds. The Journal of General Psychology, 131, 159-178. doi: 10.3200/GENP.131.2.159-180
- Kalpidou, M., Rothbaum, F., & Schneider-Rosen, K. (1998). A longitudinal study of mothers' and preschool children's aversive behaviors during dyadic interactions. *Journal of Genetic Psychology*, 159(1), 113-116. doi: 10.1080/00221329809596138
- Kalpidou, M. D., (1996). Research for Developmental Disabilities, 17, 93-95.

Presentations

- Kalpidou, M., doCurral, A. Kuersten-Hogan, R., & Deligiannidis, K (2018, July) *Parental Depression*, *Early Interaction, and Infant Outcomes.* Poster presentation at the XXI ICIS Biennial International Congress on Infant Studies. Philadelphia, PA.
- Kuersten-Hogan, R., Shea, A, Charbonneau, J., & Kalpidou, M. (2018, July). Postpartum Depression and Violations of Parental Childcare Expectations in Coparenting Across the Transition to Parenthood.

 Poster presentation at the XXI Biennial International Congress on Infant Studies. Philadelphia, PA.
- Volungis, A. & Kalpidou, M. (2018, June). The Reciprocal Nature of Well-Being and Underlying Mechanisms of Social Media. Presentation at Workshop: Bridging the Gaps: Social Media, Use, and Wellbeing, 12th International Conference on Web and Social Media. Stanford University, CA.
- Kuersten-Hogan, R., Charbonneau, J., Shea, A., Tortora, D., Kalpidou, M., & Deligiannidis, K. (May, 2018). Prenatal Risk Factors for Coparenting Dynamics and Infant Functioning at 3 Months Postpartum. In R. Kuersten-Hogan (chair): The role of coparenting and family-level risk factors in child and family functioning. Symposium presented at the conference of the World Association for Infant Mental Health, Rome, Italy.
- Kuersten-Hogan, R., Olson, H., Shea, A., Charbonneau, J., Kalpidou, M., & Deligiannidis, K. (May,

- 2018). The Role of Parental Depression in Family Expressiveness Across the Transition to Parenthood. Poster presented at the conference of the World Association for Infant Mental Health, Rome, Italy.
- Kalpidou, M., doCurral, A. Kuersten-Hogan, R., & Deligiannidis, K (2017, April). A Microgenetic Study of Parental Depression and Infant Development at 3 Months Postpartum. Poster presented at the Biennial Conference of the Society for Research in Child Development. Austin, TX.
- Kalpidou, M., Volungis, A., Bates, C, & Mamott, E., & Cora Spillman (2017, May). *Childhood Adversity*, *Coping, and Adjustment in College*. Poster presented at the Annual Convention of the Association of Psychological Science, Boston, MA.
- Volungis, A., Kalpidou, M., Joyce, M., Popores-LaFleur, C., & Raziuddin, A. (2016, Ocrober). *College Smartphone Dependency, Mental Health, and Personality*. Paper presented at the Annual Meeting of the New England Psychological Association, Worcester, MA.
- Kuersten-Hogan, R., Molinaro, M., Manteuffel, J., LaForce, J., Kalpidou, M., & Deligiannidis, K. (2016, October). Parental Depression and Coparenting Dynamics Predict Infant Functioning at 3 Months.

 Poster presented at the Annual Meeting of the New England Psychological Association, Worcester, MA.
- doCurral, A. & Kalpidou, M., & Kuersten-Hogan, R., (2016, October). Coparenting, Parental Depression, and Temperament Relate to Attachment Security at 12 Months, Poster presented at the National Conference in Clinical Child and Adolescent Psychology, Laurence, KS
- Kalpidou, M., Volungis, A., Bates, C, & Mamott, E. (2016, August). *Childhood Adversity and College Adjustment*. Poster presented at the Annual Convention of the American Psychological Association, Denver, CO.
- Volungis, A., Kalpidou, M., Popores-LaFleur, C., Raziuddin, A., Joyce, M., & Avolese, P. (2016, August). Childhood Adversity and College Mental Health Moderated by Coping Style presented at the Annual Convention of the American Psychological Association, Denver, CO.
- Kuersten-Hogan, R., Kalpidou, M, Boisvert, R, & Bui, P. (June, 2016). The Role of Infant Gaze Patterns in Triadic Family Interactions at 3- and 12 Months Postpartum. Poster presented at the 15th World Congress of the Word Association for Infant Mental Health. Prague, Czech Republic.
- doCurral, A. & Kalpidou, M., & Kuersten-Hogan, R., (2016, May). Coparenting and Temperament Predict Fathers' Responsiveness in Father-Infant Interactions from 3 to 12 months. Poster accepted for presentation at the Annual Conference of the American Psychological Society, Chicago, IL.
- Soule, C. Kalpidou, M., Commors, M., Correia, S. & Palmer, S. (2016, March). The Relationship between Smartphone Dependency, Loneliness, and Social Anxiety. Poster accepted for presentation at the Annual Eastern Psychological Association Conference, New York, NY.
- doCurral, A. & Kalpidou, M. (2015, October). Age-related Changes in Sensory Processing and Attachment to Comfort Objects. Poster presented at the Annual New England Psychological Association Conference, Fitchburg, MA.
- Kalpidou, M., Poplinger, G., & Kuersten-Hogan, R.(2015, September). Pre- and postnatal predictors of infant communication at 12 months. Poster accepted for presentation at the 17th ESDP European Conference on Developmental Psychology, Braga, Portugal.
- Kalpidou, M., Markodimitraki, M., & Pateraki, M. (2014, July). *Developmental Changes in Imitation in Mother-Infant Interactions*. Poster presented at the Biennial International Conference on Infant Studies, Berlin, Germany.

- Kuersten-Hogan, R., Kalpidou, M., Fitzpatrick, P. (2014, July). Triadic interactions from pregnancy through the first year: Prenatal predictors of postnatal coparenting and family expressiveness. In R. Kuersten-Hogan (Chair), *Quality of the Family Triad during Infancy and Beyond: Prenatal and Postnatal Influences*, Paper symposium conducted at the Biennial International Conference on Infant Studies, Berlin, Germany.
- Kuersten-Hogan, R., Fitzpatrick, P., Kalpidou, M. (2014, July). *The Roles of Coparenting Dynamics and Parental Depression*. Poster presented at the Biennial International Conference on Infant Studies, Berlin, Germany.
- Bui, P. P., DeVito, L. E., Greene, T., & Kalpidou, M. (2013, October). *The Effects of Induced Empathy on Disparaging Humor*. Poster presented at the Annual Conference of the New England Psychological Association, Bridgeport, CT.
- Kalpidou, M., Markodimitraki, M., Fitzpatrick, P., & Pateraki, M. (2013, September). A Cross-Cultural Study of Imitation and Emotional Climate in Mother-Infant Interactions the First Year of Life. Poster presented at the XVIth ESDP European Conference on Developmental Psychology, Lausanne, Switzerland.
- Kalpidou, M., Power, T., Hughes, S., Fisher, J., & Tocco, K. (2013, April). Prenatal and Postnatal Family Dynamics and Infants' Eating Behaviors. In R. Kuersten-Hogan (Chair), *Predicting Infant and Family Functioning at the end of the First Year: The Impact of Prenatal and Postnatal Family Dynamics*, Poster Symposium conducted at the Biennial Meeting of the Society of Research in Child Development, Seattle.
- Fitzpatrick, P., Kalpidou, M., & Markodimitraki, M. (2013, April). Relationship Between Spontaneous Imitation During 12-Month Free-Play and Prenatal Marital Quality and Coparenting Perceptions. In R. Kuersten-Hogan (Chair), Predicting Infant and Family Functioning at the end of the First Year: The Impact of Prenatal and Postnatal Family Dynamics, Poster Symposium conducted at the Biennial Meeting of the Society of Research in Child Development, Seattle.
- Nardelli, J., & Kalpidou, M. (2012, June). Temperament and Parental Bonding Relate to Fathers' Responsiveness in Father-Infant Interactions. Poster presented at the XVIII Biennial International Conference on Infant Studies, Minneapolis, MN.
- DiGiammarino, R., & Kalpidou, M. (2012, May). Sensory Processing and Attachment Relate to Eating Competency in Infancy. Poster presented at the Annual Meeting of the Association for Psychological Science, Chicago, IL.
- Kalpidou, M., Zhang, F., DiGiammarino R., & Kuersten-Hogan, R. (2011, August). Sensory Sensitivity and Parental Bonding Predict Infant Attachment. Poster presented at the XVth ESDP European Conference on Developmental Psychology, Bergen, Norway.
- Kalpidou, M., DiGiammarino R., & Kuersten-Hogan, R. (2011, April). Sensory Processing Relates to Infant Attachment. Poster presented at the Biennial Meeting of the Society of Research in Child Development, Montreal, Canada.
- Kalpidou, M., DiGiammarino R., Zhang, F. & Kuersten-Hogan, R. (2011, May). Sensory Processing Predicts Security in Spousal Relationships. Poster presented at the Annual Meeting of the Association for Psychological Science, Washington, DC.
- Kalpidou, M. (2011, March). Sensory Processing Relates to Parenting and Children's Coping. Poster presented at the Conference of the Eastern Psychological Association, Cambridge, MA.

- Kalpidou, M., & Gilson, C. (2010, May). Sensory Processing Differences in Children with and without Comfort Objects. Poster presented at the Annual Meeting of the Association for Psychological Science, Boston, MA.
- Kalpidou, M. & Parmley, M. (2010, October). Using Assessment and Institutional Data to Evaluate Outcomes in Psychology Students and Make Recommendations for Curriculum Revision and Resources. Paper presented at the Conference of the New England Educational Assessment Network, Worcester, MA.
- Kalpidou, M., Brosnan, K., Carnevale, K., & Schroth, H. (2009, May). Sensory Differences relate to Attachment to Comfort Objects. Poster session presented at the Annual Convention of the Association for Psychological Science, San Francisco, CA.
- Kalpidou, M, Costin, D., & Morris, J. (2008, August). Facebook and Psychological Well-Being of Undergraduate Students. Poster session presented at the Annual Convention of the American Psychological Association, Boston, MA.
- Kalpidou, M., Murphy, M. S., & Walls E. C. (2008, May). Attachment to Comfort Objects Relates to Tactile Stimulation. Poster session presented at the annual meeting of the Association for the Psychological Science, Chicago, IL.
- Fitzpatrick, P. & Kalpidou, M. (2006, October). Assessing Academic Programs and Using the Findings for Curriculum Revision and Strategic Planning: Examples from a Psychology Department. Paper presented at the Conference of the New England Educational Assessment Network, Worcester, MA.
- Kalpidou, M. (2005, August). Perceived Competence and Coping of Children with Imaginary Com Poster session presented at the annual Convention of the American Psychological Asso Washington, DC.
- Kalpidou, M., & Elbirt, K., (2003, November). Coping and feelings of competence among children v without imaginary companions. Poster presented at the Third Biennial Meeting of the Society Study of Human Development, Cambridge, MA.
- MacQeen, H., McGovern, K., Tolles, E., & Kalpidou, M. (2003, October). The effects of optimistic disposition on memory during emotion regulation. Poster presented at the annual meeting of the New England Psychological Association, Providence, RI.
- Letendre, L., Long, A., Michalak, M., & Kalpidou, M. (2002, October). *Effects of true vs. mandatory volunteerism*. Poster presented at the annual meeting of the New England Psychological Association, Danbury, CT.
- Kalpidou, M., Freeman M., & Merrell, J. (2000, October). Factors facilitating interpersonal forgiveness.

 Poster presented at the annual meeting of the New England Psychological Association,

 Lewiston, ME
- Kalpidou, M., Power, T. G., & Gottfried, N. (1999, April). Temperament and emotion regulation predict self-regulated compliance. Poster presented at the biennial meeting of the Society for Research in Child Development, Albuquerque, NM.
- Kalpidou, M., Gottfried, N., Power, T. G., & Cherry. K. E. (1998, March). Association between behavioral and emotional self-regulation. Poster presented at the annual meeting of the Southeastern Psychological Association, Mobile, AL.
- Kalpidou, M., Power, T. G., & Cherry. K. E. (1997, April). The development of behavioral and emotional self-regulation during the preschool period. Poster presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.

Grants

• Summer Honors Program Fellowship with Anna doCurral. Research Project: "Postpartum Depression and Infant development". (\$3,500).	2016
• Faculty Development Grant, Assumption College. Research Project: "Childhood Adversity and College Adjustment". (\$4,500)	2016
Course Reduction for Scholarly Activity	2014-2016
• Faculty Development Grant, Assumption College. New course: "The Childhood Roots of Adult Happiness" (\$3,500).	2014
• Collaborative Pilot Research Program, UMass-Assumption College, "A Microgenetic Study of Perinatal Depression and its Effects on Family and Infant Functioning", (7,500). Principal Investigators: Kristina Deligiannidis, Maria Kalpidou, Regina Kuersten-Hogan.	2013
• Faculty Development Grant, Assumption College. Research Project: "Relationship between Feedings Styles, Attachment, and Sensory Processing of 12-month-old Infants". (\$3,500).	2012
• Summer Honors Program Fellowship with Robert DiGiammarino. Research Project: "Sensory Processing Relates to Close Relationships" (\$3,500).	2010
• Faculty Development Grant, Assumption College. New course: PSY309: "Common Problems in Childhood" (\$3,000).	2002
• Faculty Development Grant, Assumption College. Research project: "Parent and child characteristics predict adaptation of immigrant <i>children</i> " (\$3,300).	1999

Honors/Awards

• Nominated for the Distinguished Dissertation Award, LSU.	1997
• Merit-based tuition waiver, LSU, Baton Rouge, LA.	1993-1995
• Merit-based tuition scholarship, Tufts University, Medford, MA.	1991-1993

Professional Service and Memberships

- Reviewer for Social Development; Quality of Life; Journal of Educational Computing Research; Cyber Psychology, Behavior, and Social Networking.
- Society for Research in Child Development
- International Society of Infant Studies
- Association of Psychological Science
- American Psychological Association
- Eastern Psychological Association
- New England Educational Assessment Network

Professional Development

Teaching and Learning Online (online course), Assumption College	2016
• Data Analysis Training: "Structural Equation Modeling", at the Institute of	2015
Connecticut, University of Connecticut, Storrs, CT.	
• d'Alzon Colloquium "Free will", Assumption College	2013

2017

2012, 2013

• d'Alzon Colloquium "Spirit and Spiritedness", Assumption College.	2012
 Summer Institute on Assessment by New England Educational Assessment Network, Keene State College, NH. 	2010
 New England Educational Assessment Network Fall Forum, College of the Holy Cross, Worcester, MA. 	2010
 Workshops for Department and Division Chairs by the Council of Independent Colleges, Boston/Waltham, MA. 	2006
 New England Educational Assessment Network Fall Forum, College of the Holy Cross, Worcester, MA. 	2006
Media Presence	
 TELEGRAM & GAZETTE (July 4, 2017). Assumption Study: Link Between Phone Addiction and Mental Health Addictions. http://www.telegram.com/news/20170704/assumption-study-link-between-phone-addiction-mental-health-issues 	2017
• TELEGRAM & GAZETTE (Dec 15, 2012). Protect Children from News Shows http://www.telegram.com/article/20121215/NEWS/112159948/1052	2012
• PARENTS magazine (January issue). Cited as an expert in article "Q&A" by Sharlene Johnson.	2012
 MONITOR (October issue), official magazine of the American Psychological Association. Featured in article "In Brief: A wrap-up of new research presented at APA's Annual Convention" by A. Novotny; http://www.apa.org/monitor/2008/10/inbrief.aspx. 	2008
 PARENTS magazine (October issue). Was cited as expert in article "6 Tips for Weaning Your Child's Comfort Object" by Marnell Jameson; http://www.parents.com/toddlers-preschoolers/development/social/6-tips-for-weaning-your-childs-comfort-object/. 	2005
 PARENTS magazine (September issue). Was cited as expert in article "Life with Lovey" by Carol Sjostrom Miller; http://www.parents.com/toddlers-preschoolers/development/behavioral/lovery/. 	2005
 PARENTS Magazine (September issue). Was cited as expert in article "Second-year Surprises: by Reshma Yaqub; http://www.parents.com/toddlers-preschoolers/development/behavioral/second-year-surprise/. 	2003
Community Engagement	
• Volunteer, St. Nicholas Orthodox Church, Shrewsbury, MA.	2009-Present
• Parent volunteer at Shrewsbury Public Schools, Shrewsbury, MA.	2005-Present

• Presenter at the Annual Community Service Learning Luncheon, Assumption College

• Presenter at the Conference of Women in Science and Engineering, Gibbons Middle

School in Westborough, MA.

• Coordinator of Saturday's "Little Angels" playgroup, St. Spyridon Cathedral,	2005-2006
Worcester, MA.	
 Publication Staff Member of the Cathedral News, St. Spyridon Cathedral, Worcester, MA 	1999-2001
• Volunteer with First Steps Program of the Louisiana Council of Child Abuse.	1996-1998