

Christian Scannell, Ph.D., LMHC
Human Services and Rehabilitation Studies
Assumption College
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Education

Ph.D., Psychology; Concentration: Clinical Psychology, Walden University, Minneapolis, MN. Dissertation: Exploring the Dual Role of Consumer and Provider in Substance Use Peer Support. Advisor: Sylvia Bigatti, Ph.D.	2020
M.S., Psychology, Walden University, Minneapolis, MN	2017
M.A., Rehabilitation Counseling, Assumption College, Worcester, Ma	2002
B.S./B.A., Social and Rehabilitation Services (<i>Magnum cum laude</i>), Assumption College, Worcester, MA	2001

Research Interests

I am interested in the etiology and treatment of substance use disorders, particularly opioid use disorder. I am also interested in first responder trauma and the role of self-narratives in treatment success. My current research focuses on the experience of grief and loss and the influential factors in the post loss trajectory.

Academic Appointments

Professor of Practice Human Services and Rehabilitation Studies, Assumption College, Worcester, MA Teach undergraduate courses in Human Development and Disabilities Across the Lifespan, Introduction to Human Services, Addictions, Interviewing Techniques	2019-present
Visiting Professor Human Services and Rehabilitation Studies, Assumption College, Worcester, MA Teach undergraduate courses in Human Development and Disabilities Across the Lifespan, Introduction to Human Services, Addictions, Client Information and Assessment, Interviewing Techniques, Social Skills Development for Youth	2016-2019
Part-time Lecturer Human Services and Rehabilitation Studies, Assumption College, Worcester, MA	2015-2016
Adjunct Professor Human Services and Rehabilitation Studies, Assumption College, Worcester, MA	2 Years

Leadership Positions

Clinical Supervisor

2011-2015

Adcare Hospital, Worcester, MA

Supervise outpatient substance abuse program that provides treatment to over 180 clients per day attending day treatment, intensive outpatient treatment, early recovery groups and individual and family therapy. Responsibilities include planning daily operations and coordinating work between different departments. Provide crisis intervention to at risk clients. Supervise clinicians who provide group, individual and family counseling to clients with primary diagnosis of substance dependence and dual diagnosis of mental illness. Conduct employee performance appraisals annually. Design performance improvement plans that address problematic performance by setting improvement goals and providing regular feedback. Provide weekly therapy to caseload of clients participating in substance dependence treatment.

Vice President of Behavioral Health and Residential Services

2007-2011

Provide ongoing oversight of programs based in Windham County. Supervise program staff, ensure proper staffing and compliance with program contracts. Assist in preparation and monitoring of annual program budgets. Assist with the development of new programs and preparation of funding proposals. Participate as a member of the senior leadership team, including assisting with development of strategic and annual plans as well as agency self-assessment. Taught college level courses on Family Development to staff from community providers through Charter Oak Community College.

Other Positions and Employment

Clinician, Applied Psych Services (Formerly ICC), Worcester, MA

8/2015-present

Conduct individual and family therapy to persons struggling with mental health and/or substance abuse issues. Develop treatment plans, engage in concurrent insurance reviews. Make referrals to community providers and inpatient treatment facilities.

Crisis Intervention Specialist, UMASS, Worcester, MA

4/2015-8/2016

Provide crisis evaluations to patients in acute distress in an emergency room setting. Assessments are provided for young children, adults and geriatric patients. Utilize the language of the current DSM to establish comprehensive diagnostic evaluations and subsequent planning and treatment. Works with insurance companies to fulfill all requirements for appropriate referrals to inpatient units, outpatient care and diversion programs, while strongly advocating for the patient. Participates in the orientation and/or training of new staff, students and others.

Grants and Awards

2020 Assumption College Faculty Development Grant Recipient

Publications

Scannell, C. (in press). Intentional Teaching: Building Resiliency and Trauma-Sensitive cultures in Schools. In *Teacher Education in the 21st Century - Emerging Skills for a Changing World*. IntechOpen

Scannell, C. (2020). Parental self-efficacy and parenting through adversity. In Benedetto, L. & Ingrassia, M. (Eds.), *Parenting-Studies by an Ecocultural and Transactional Perspective*. IntechOpen. <https://doi.org/10.5772/intechopen.91735>

Pica-Smith, C., & Scannell, C. (2020). Teaching and Learning for this Moment: How a Trauma Informed Lens Can Guide Our Praxis. *International Journal of Multidisciplinary Perspectives in Higher Education*, 5(1), 76-83.

Manuscripts in Preparation

Scannell, C. (2021). *By Helping Others We Help Ourselves: Insights from Peer Support Workers in Substance Use Recovery* [Manuscript submitted for publication]. Human Services and Rehabilitation Studies, Assumption University.

Scannell, C. (2021). *Voices of Hope: Peer Support Workers in a System of Care* [Manuscript submitted for publication]. Human Services and Rehabilitation Studies, Assumption University.

Scannell, C. The relationship between parental self-efficacy and bereavement outcomes in widows with young children.

Pica-Smith, C. & Scannell, C. Optional Use of Cameras in Virtual Classrooms: Creating Intentional, Trauma-Informed, Safe, Communities of Learning.

Conferences and Proceedings

Scannell, C. (2021, June 7-11). *Say Their Names: The Role of Facebook Mutual Support Groups in the Grief Journey of Widow(er)s* [Conference presentation]. CDAS, 'Death, Dying, Technology and Human Mortality' Conference. University of Bath, UK

Scannell, C. (2021, August 13-15) *The Power of Connection in Substance Use Recovery; By Helping Others we Help Ourselves* [Conference presentation]. National Conference on Addictive Disorders. Denver, CO

Development of Curricula and Educational Materials

Course proposal, Children and Adolescent Capstone (HRS 430) Assisted in the development of a course proposal for a capstone course for the concentration Working with Children and Adolescents in Community Settings	2020
Redesigned concentration curriculum: Working with Children and Adolescents in Community Settings	2020
Course proposal: Advanced Assessment in Psychosocial Rehabilitation: Individuals and Communities in Crisis (HRS 435)	2021

Service

Professional Service

Reviewer (2021). Association for Psychological Science: APSSC Student Research Award 2021

Reviewer (2020). Association for Psychological Science: APSSC Student Research Award 2020

College/University

Faculty Advisor

Human Services Club

SOAR Assumption

2018-present

2019-present

University-Wide Committees

School of Health Professions Curriculum Committee

Disabilities Committee

2019-present

2019-present

Member, Faculty Search Committee, Froelich School of Nursing, Assumption University, Professor of Practice Searches.

2021

Departmental Assessment

Human Services and Rehabilitation Studies

Health Sciences

2020

2021

Advising and Mentoring

Academic Advisor

Academic Advisor for 30 undergraduate students majoring in Human Services and Rehabilitation Studies, Assumption College, Worcester, MA

2016-present

Mentorship (Applied Psych Services)

Supervised graduate level Rehabilitation Counseling Interns from Assumption University in the delivery of clinical services in the form of individual and group counseling.

2019-present

Clinical Practice

Certification and Licensure

Licensed Mental Health Counselor (#5654)

2004

Certified Alcohol and Drug Counselor

2015

Professional Memberships and Activities

Massachusetts Psychological Association	2017
Massachusetts Mental Health Counselors Association Inc	2002-present
American Psychological Association	
Association for Psychological Science	2019-present

Areas of Clinical Specialty 17 Years

Substance abuse, Trauma, First Responder treatment, Grief and Loss, Family systems