

Important Information for Incoming Students & Their Parents



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Health Entrance Requirements

Class of 2024

Please note that the items discussed here are REQUIRED for MATRICULATION

- If your student does not complete the requirements, they will have a HOLD placed on their account.
- A Health Services HOLD can pose issues for class registration, attending classes, living in residence, and playing athletics.
- We ask you to please provide the proper guidance and support to your student so they can complete these required tasks BEFORE the deadline of AUGUST 3rd.
- Do not hesitate to reach out to us if you need any assistance

Student Wellness Portal

- Similar to portals you may have with your primary care provider/healthcare institution (MyChart etc.). Students may utilize this portal to send us messages, schedule appointments, and update personal information!
- All health entrance requirements must be submitted here we cannot accept faxes as our office is not physically staffed in June and July.
- The portal can be accessed via the Assumption Student Portal or by using this link: https://assumption.medicatconnect.com/ (we encourage students to bookmark this page!)
- Log-in credentials are the same as students use for their Assumption Student Portal.
 Use the first half of your Assumption College email address (i.e. pierre.hound) and the same password.



TO LOG IN:

Use the first half of your Assumption College email address (i.e. pierre.hound) and the same password you use for your email and Assumption Student Portal

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• Immunization requirements are set by the State of Massachusetts.

This form can be found on our web page:

https://www.assumption.edu/sites/default/files /2020-04/StateGuidelinesImmun2020.pdf

Most students will already be up to date.

 We will accept information from your healthcare organization's portal. If you need a blank immunization form go the the FORMS section in the portal to find: "Printable Immunization Form"

Massachusetts School Immunization Requirements 2020-2021§

Massachusetts school immunization requirements are created under authority of 105 CMR 220.000 Immunization of Students Before Admission to School

Requirements apply to all students including individuals from another country attending or visiting classes or educational programs as part of an academic visitation or exchange program. Requirements apply to all students, even if over 18 years of age.

Childcare/Preschool[¶]

Attendees <2 years should be immunized for their age according to the <u>ACIP Recommended Immunization Schedule</u>. Requirements listed in the table below apply to all attendees ≥2 years. These requirements also apply to children in preschool classes called K0 or K1.

Hib	1-4 doses; the number of doses is determined by vaccine product and age the series begins
DTaP	4 doses
Polio	3 doses
Hepatitis B	3 doses; laboratory evidence of immunity acceptable
MMR	1 dose; must be given on or after the 1st birthday; laboratory evidence of immunity acceptable
Varicella	1 dose; must be given on or after the 1 st birthday; a reliable history of chickenpox* or laboratory evidence of immunity acceptable

Grades Kindergarten – 6

In ungraded classrooms, Kindergarten requirements apply to all students ≥5 years.

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DTaP	5 doses ; 4 doses are acceptable if the fourth dose is given on or after the 4 th birthday. DT is only acceptable with a letter stating a medical contraindication to DTaP
Polio	4 doses ; fourth dose must be given on or after the 4^{th} birthday and ≥ 6 months after the previous dose, or a fifth dose is required. 3 doses are acceptable if the third dose is given on or after the 4^{th} birthday and ≥ 6 months after the previous dose
Hepatitis B	3 doses; laboratory evidence of immunity acceptable
MMR	2 doses; first dose must be given on or after the 1 st birthday and second dose must be given ≥28 days after first dose; laboratory evidence of immunity acceptable
Varicella	2 doses; first dose must be given on or after the 1st birthday and second dose must be given ≥28 days after first dose; a reliable history of chickenpox* or laboratory evidence of immunity acceptable

- § Address questions about enforcement with your legal counsel. School requirements are enforced at the local leve
- ¶ Meningococcal vaccine requirements (see Grades 7-10 and 11-12) also apply to residential students in Grades pre-K through 8 if the school combines these grades in the same school as students in Grades 9-12.
- †Medical exemptions (statement from a physician stating that a vaccine is medically contraindicated for a student) and religious exemptions (statement from a student, or parent/guardian if the student is <18 years of age, stating that a vaccine is against sincerely held religious beliefs) should be renewed annually at the start of the school year.
- * A reliable history of chickenpox includes a diagnosis of chickenpox, or interpretation of parent/guardian description of chickenpox, by a physician, nurse practitioner, physician assistant, or designee.

See page 2 for Grades 7-10, Grades 11-12, and page 3 for College (Postsecondary Institutions)

MDPH Immunization Division 2020-2021 School Year

1.) Immunizations must be entered under the "Immunizations" section.

2.) A copy of an immunization record must then be uploaded in the "Uploads" section.

You will not be considered compliant with the immunization requirements until you have completed this step.



Enter one or all immunizations and then click the Submit button once.

🖺 Submit

Hepatitis B Vaccine Series - Please complete one section below 1

No Data

Hepatitis B Vaccine Series - Please complete one section below 2

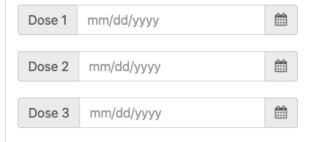
No Data

Hepatitis B Vaccine Series - Please complete one section below 3

No Data

1. Hepatitis B Vaccine (Engerix-B, Pediarix, Recombivax HB, Twinrix)

3 Doses: 1&2 must be 2 mos apart, dose 1&3 must be 6 mos apart



2. Hepatitis B Vaccine (Heplisav-B) - must be admin on or after 18 years age

2 Doses: 1&2 must be at least 4 weeks apart



Entering Immunizations:

Complete **ONE** section per immunization.

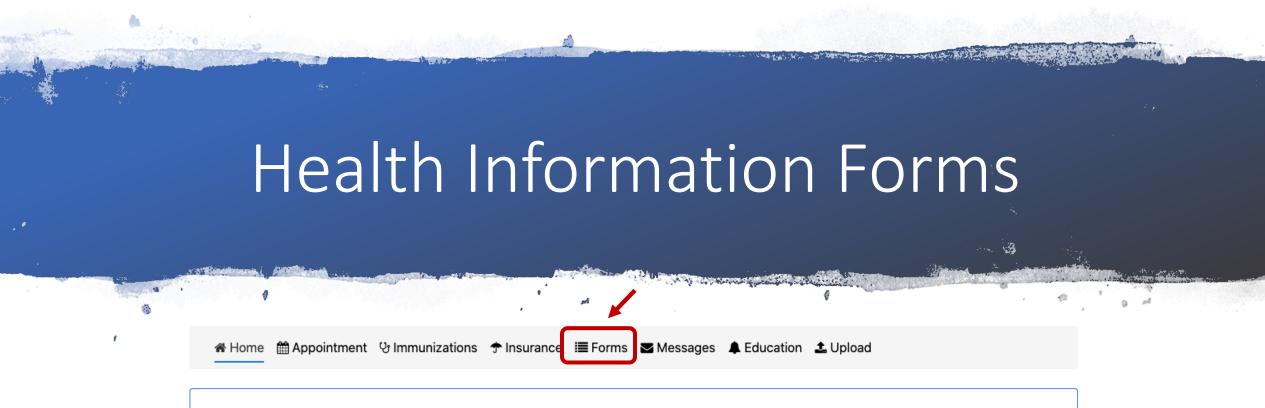
Enter dates the doses were received based on your record from your Doctor.

OR upload results of a titer

OR upload proof of disease

ALL OF THESE OPTIONS REQUIRE THE RECORDS TO BE UPLOADED UNDER THE UPLOADS SECTION!

-Immunization Record
-Titer Blood Test Results
-Dr.'s Notation Documenting
History of Disease



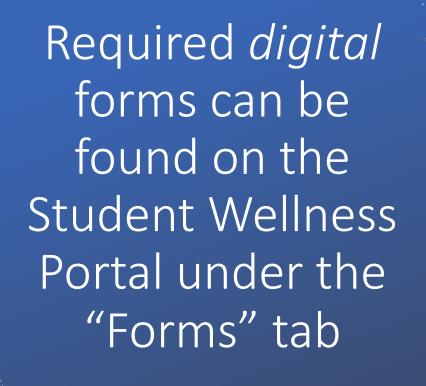
Using the Assumption College Patient Wellness Portal

TO LOG IN:

Use the first half of your Assumption College email address (i.e. pierre.hound) and the same password you use for your email and Assumption Student Portal

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Bronda Torros (graduato students, available year-round; undergrade from June 1st - July 21st)



Counseling Forms - Needed for 1st Counseling Appt.

Alcohol Screening

MUST have scheduled your 1st appointment with the Counseling Clinic before you complete this form.

Required Forms for 1st Year & Transfer Students

Consent for Treatment *

This form must be signed by the student, or by their parent/guardian if the student is under 18.

Health Information Form*

Please complete the information to the best of your ability.

Intercollegiate Sports Screening & PHI Disclosure*

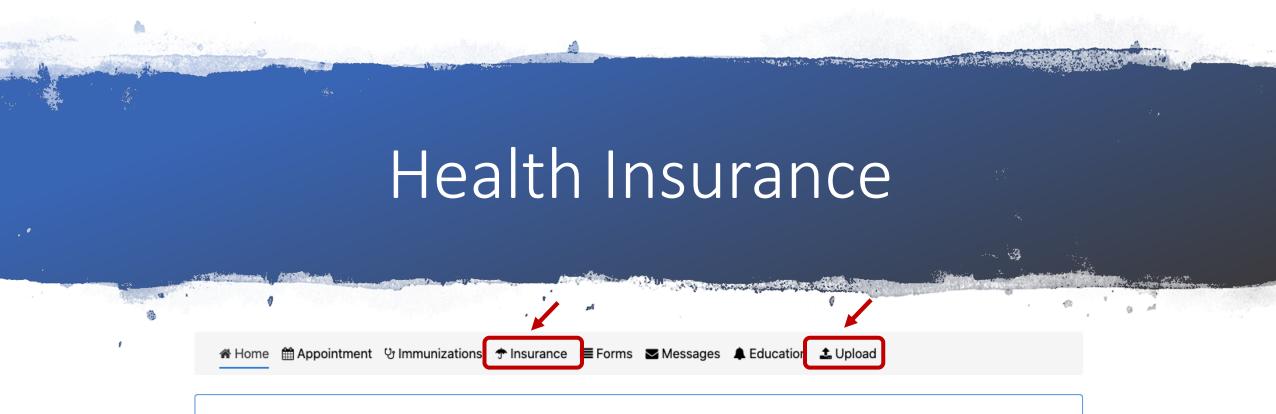
Please complete this screeening form regarding intent to play intercollegiate sports. This form is required for all students.

Protected Health Info*

Please review our "Notice of Privacy Practices" and complete this form for Use and Disclosure of Protected Health Information.

TB Risk Questionnaire *

Please answer all of the questions. If you answer "Yes" to ANY question, a tuberculin skin test (PPD), quantiferon TB Gold, or



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Entering Health Insurance:

1.) Go to the Insurance Tab and enter your insurance information by clicking "Add New"



Important: The insurance information you provide on this form DOES NOT waive the health insurance plan offered by Assumption College.

You will receive information from the Finance/Student Accounts Office with instructions on how to enroll or waive the health insurance plan that is offered by Assumption College. If you do not respond by the deadline, you are automatically enrolled in the school's health plan. For more information on this process please go to: www.assumption.edu/finance/student-health-insurance or call the Finance Office at (508) 767-7412.

Undergraduate Students: Please enter your insurance information below (click Add New). Make sure to upload a copy of the <u>front and back</u> of your insurance card in the "upload"section.

If Enrolling in the School Health Insurance: Click Add New, select Assumption College School Health Insurance - University Health Plans, and add the school's group number in the policy ID section. For those with Mass Health Premium Assistance (MHPA), the group number is 002363276. For those not needing MHPA, the group number is 002351975.

Graduate Students: DO NOT COMPLETE THIS SECTION

Add New

Insurances On File

If you are waiving the health insurance offered through the school please make note of the deadline created by the Student Accounts office – Health Services does not manage this information.

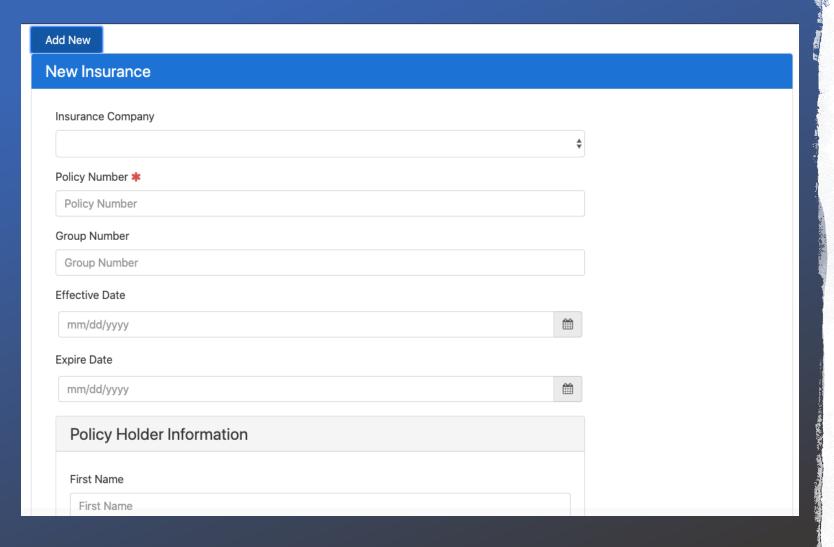
Once a letter is sent home and the system goes live, you may access it here:

https://www.universityhealthplans.com/

STUDENTS MUST ALSO UPLOAD A
PICTURE OF THE FRONT AND BACK OF
THEIR INSURANCE CARD UNDER THE
"UPLOADS" SECTION.*

*If you are planning on using the insurance offered through the school we will gather this information from you when you receive your new insurance card. Please notify us ASAP if you fall into this category so we can make note of it.

2.) Enter your information in the boxes.

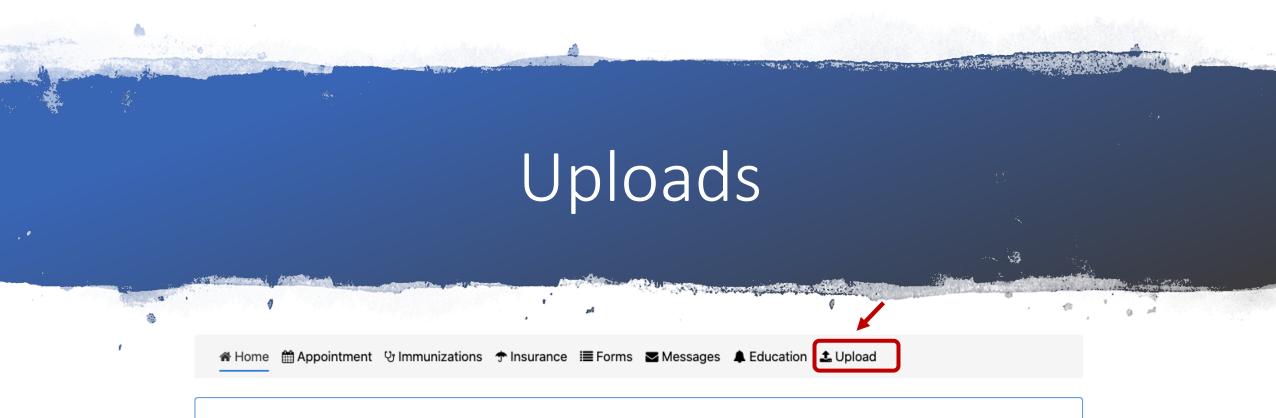


This is where students will be able to update their insurance information in the future if they have any changes during there four years at Assumption.

Although we do not bill for our services we do send out lab work (blood tests, throat swabs etc.) that will be billed to insurance.

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This is where you will upload the following records:

- -Immunization Records
- -Titers or Proof of Disease Documentation
- -Immunization Waivers for religious or medical reasons (additional documentation required)*
- -Meningitis Waiver*
- -Additional Medical Records or Documentation items that you may want us to review*
- -TB Result Documentation Skin Tests, Xray, Titers*
- -Signed Consent to Treat a Minor Form if student is under 18*

Please be sure to select the correct description from the available drop-down menu.

Documents available to be uploaded:

Additional Medical Records / Documentation

Chest X-Ray: Negative Chest X-Ray: Positive

Consent To Treat A Minor Form

Hepatitis B Surface Antibody Qualitative (Titer)

Immunization Record

Immunization Waiver

Insurance Card- Back

Insurance Card- Front

Measles Titer

Meningitis Waiver

Mumps Titer

Rubella Titer

TB Blood Test: QuantiFERON®-TB Gold Or T-Spot

TB Clearance Form

TB Skin Test

Varicella Titer

Choose document you are uploading:

Documents already on file

^{*}Not required for all students



Please note that the Athletics system, ARMS; is different than the Student Wellness Portal. We do not have access to information collected by Athletics and vice versa.

PLEASE be sure to complete requirements FOR BOTH offices in their appropriate portals.

Please review the information provided on their webpage: https://assumption.prestosports.com/athletics/first_year_page/FIRST-YEAR



Tips for Gathering Health Information During the COVID-19 Pandemic

- Most students will already have most of their immunizations and your doctor's office should have them on record. Call the office or utilize the patient portal to reach out if you do not have a copy.
- If your student needs an immunization reach out to your doctor's office to ask about their operations at this time. Most facilities are still carrying out well-visits and immunizations. Typically, an immunization can be done by a nurse within a short nursing visit if you do not require a full physical exam.
- Alternative places to get vaccinations are minute clinics (Walgreens, CVS, Urgent Care Centers) – CALL AHEAD to make sure they are administering vaccinations and have the one you need in stock.
- If you have extenuating circumstances where you can not get a vaccination due to lack of access, or a pre-existing condition that prevents you from visiting your doctor's office, please <u>reach out to our office proactively</u> and have a discussion with us!

Suggested Items to Bring to Campus:

- Thermometer
- Hand Sanitizer 60% alcohol or higher
- Washable Face Masks or Face Coverings
- Disinfectant Wipes (Lysol, Clorox etc.)
- Band-Aids, First Aid Antibiotic Cream
- Instant Ice Packs
- Heating Pad
- Refillable Water Bottle (consider Gatorade powder packs or Pedialyte)
- OTC Medication for pain/inflammation, allergies, cough, colds etc:
 - Cough Drops/Throat Lozenges
 - Sore Throat Spray
 - Acetaminophen/Tylenol
 - Ibuprofen/Motrin
 - Muccinex DM or Delsym

Important Documents:

- Extra Photocopy of Health Insurance Card
- Extra Photocopy of Immunization Record
- Prescription Card(s)

What to Bring to Campus



Things to Keep in Mind:

- Health Services does not charge copays or bill your insurance. You may receive a bill from your insurance company if we send out lab work or if your student utilizes an ambulance to get to a local hospital. There is a Student Health Services Fee that will be listed on your bill – this covers all of our services we provide.
- Check with your Health Insurance about what area Urgent Care Centers and Hospitals are covered and consider making a list before coming to campus.
 SHS can also help direct you to appropriate Urgent Care centers if needed when you are on campus.

Frequently Asked Questions



- Can I fax you _____?
 - Because the office is not physically staffed at this time we do not accept faxes.
- I don't have a scanner or fax. How do I upload forms?
 - Try downloading the app "Genius Scan" it will allow you to take a photo of your documents and convert the photo to a form.
- What if my student gets ill after hours?
 - Students are advised to reach out to Campus Police if they need assistance on nights or weekends. They may also choose to utilize any of the urgent care centers or hospitals in the area.
- Do you write prescriptions?
 - Our NPs are able to prescribe medication when necessary. Our services involve episodic care and we ask that your student keeps their Primary Care physician and continues to see them regularly for annual exams. Any prescriptions that are already being prescribed should continue to be prescribed by those providers.
- Can I speak with a provider about my student's visit?
 - Your student may sign a form that allows us to speak with you. This is different than any other forms you sign for academic releases. This form is not a blanket waiver, meaning your student must fill one out each time they see us for a different condition. If you call and we do not have a form we will ask you to speak with your student and won't disclose any health information.

- My student doesn't have a car on campus, how do they get to urgent care or to the pharmacy?
 - Many students will utilize one of the many options on campus for transport. There is an Uber program as well as a shuttle. Some may opt to get a ride with a friends or call a local taxi company. We are always happy to help provide names of local pharmacies for students.
- Can my student keep their medication, EpiPen, etc. in their room?
 - Yes, your student does not need any permission to carry their prescribed medications or store them in their rooms.
 Some families may opt to bring a medication lock box to campus.
- My student has a chronic medical condition that I'd like to notify you of. How do I do that?
 - Please ask your student to fill out all of their required forms and explain any conditions in detail in the Medical History forms. When a student comes in to see us for the first time we can also review any pertinent medical history with them in person.
- My student has food allergies, how do I address that?
 - Please document their issues in their Medical History forms. You may then reach out to the Dining Office for more support around identifying safe choices in the dining hall.

We Are Here to Help!

- If you have any questions, concerns, or simply need more direction please contact us **FIRST** by utilizing the "Messages" tab in the Student Wellness Portal.
 - Send a message to **Brenda Torres** during the summer months (June & July) or **Patricia Flynn** the remainder of the year (August-May). Use the drop down menu to select who you'd like your message to go to.
- Alternatively you may reach us at:
 - The Office of Student Affairs between June 1st and July 31st
 - Phone: 508-767-7325
 - Email: stulife@assumption.edu
 - Student Health Services <u>August 1st through May 31st</u>
 - Phone: 508-767-7329
 - Email: healthservices@assumption.edu