

The 8 Conditions® For Students...

...to help you reach your dreams.



BELONGING

To be one, to be united is a great thing. But to respect the right to be different is maybe even greater.—Bono

Belonging is about being a valued member of your family, school, and community while still maintaining your individuality. Your uniqueness and God-given talents are what make you a special and important part of the community. It is important for you to feel a sense of Belonging in order to be truly who you are and who you want to be. Think about times when you feel accepted for you are—that is Belonging. What could you do to better support your sense of Belonging? What could you do for other kids to increase their sense of belonging?

HEROES

A life is not important except in the impact it has on other lives.—Jackie Robinson

Heroes are the real people who help you in clear ways every day. They are people who care about you as an individual and help guide you through school and life. This condition is about respecting others and others respecting you. It is important for everyone to have Heroes they can depend on during good and bad times. Think of the people who you turn to for support and guidance. They are your Heroes. You are a Hero, too. When you care for the needs of others before your own, you can be a Hero to your friends, siblings, and people in your community. The actions and words you choose help decide what type of Hero you are to the people around you.

SENSE OF ACCOMPLISHMENT

The dictionary is the only place that success comes before work. Hard work is the price we must pay for success. I think you can accomplish anything if you're willing to pay the price.—Vince Lombardi

Sense of Accomplishment is about celebrating the importance of effort, perseverance, and citizenship as signs of your success. This condition is about trying repeatedly and facing challenges rather than giving up. Sense of Accomplishment is about all your talents and skills rather than just skills that are measured by tests and grades. When do you try your best? When do you give up? What small thing could you do to be a better citizen in your community?

FUN & EXCITEMENT

Nothing great in the world has ever been accomplished without passion. —G. W. F. Hegel

Fun & Excitement is about you being engaged and interested in school. This condition is not about laughing or smiling all the time. It is about being so engaged in what you do that time flies by. Quite simply, the condition of Fun & Excitement is about getting up everyday and looking forward to what lies ahead. When is school fun? (And, yes, school can be fun and exciting.) What activities make it fun for you to learn? How could you make school more interesting?



CREATIVITY & CURIOSITY

Creativity is allowing yourself to make mistakes. Art is knowing which ones to keep.—Scott Adams, *The Dilbert Principle*

The condition of Curiosity & Creativity is characterized by inquisitiveness, eagerness, a strong desire to learn new or interesting things, and a desire to satisfy the mind with new discoveries. Curiosity triggers you to ask, "Why?" while creativity gives you the initiative to ask, "Why not?" When do you feel creative? What are you curious about learning? How do you demonstrate your learning in a creative way?

SPIRIT OF ADVENTURE

I am always doing that which I cannot do, in order that I may learn how to do it.—Pablo Picasso

The Spirit of Adventure is characterized by your ability to take on positive, healthy challenges at school and home, as well as with family members and friends. You can experience the Spirit of Adventure when you tackle something new without the fear of failure or success. It is important to set goals and challenge yourself to reach those goals. How do you challenge yourself? When are you willing to take healthy risks? How could you encourage your friends to take healthy risks?

LEADERSHIP & RESPONSIBILITY

Leadership and learning are indispensable to each other.—John F. Kennedy

The condition of Leadership & Responsibility is about making decisions and understanding the consequences of the decisions you make. It is about expressing your ideas and opinions. To be a responsible leader you need to take into account not only yourself but others around you. What are your greatest leadership strengths? What decisions do you make? How are you a positive role model for other students?

CONFIDENCE TO TAKE ACTION

Never doubt that a small group of thoughtful citizens can change the world...it is the only thing that ever has.—Margaret Mead

Confidence to Take Action is the extent to which you believe in yourself. It is about dreaming about your future, while being motivated in the present to reach your dreams. Being confident is one thing. Having enough Confidence to Take Action on causes you believe in is another. You do have the ability to make this world better. What can you do to make a positive impact on your community? What cause do you believe in? Join in and make a difference in the world!